

# High Fives

From *Ryhmä toimivaksi* by Laura Jääskeläinen

**DURATION: 5-10 MINUTES**

In this activity, brief interactions with many different classmates make participation easier and strengthen the sense of belonging. I originally created this activity for a quiet group, but it works just as well with energetic ones.

1. Form two circles—one inside, one outside—facing each other. If the group has an odd number, the teacher joins.

2. Greet your partner with a quick action. After each greeting, the outer circle shifts one step to the right, and the next action is done with a new partner.

Actions:

- regular high five
- thumb touch
- pinky touch
- elbow tap
- shoulder tap
- knee tap
- ankle tap
- toe tap

3. Continue with variations, and invite students to invent new ones!

## **LAURA'S TIP:**

*If touching feels too much for your group, replace each move with a gesture at a distance (like waving). Check out another free activity on my website called Silent Greetings.*

### **Hi! I'm Laura Jääskeläinen**

I'm a teacher turned group dynamics coach from Finland. This activity is from *Ryhmä toimivaksi*, my bestselling Finnish guide to building safe, connected classrooms. An English edition is on the way.

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